

Colonoscopy with Halflytely Prep

Don W. Roberts, M.D.

South Georgia Medicine, P.C.

Patient Name : _____

Appointment Date : _____

Arrival Time : _____

OR

Call Us For Your Arrival Time : _____

Facility:

1. Tifton Endoscopy Center, Inc.

Plan to be here from 2 – 4 hours

1111 East 20th Street
Tifton, GA 31794
(229) 382-9338

Entrance is located on the SIDE of South Georgia Medicine, P.C.

2. Tift Regional Medical Center

901 East 18th Street
Tifton, GA 31794
(229) 386-6799
(229) 386-6154

Entrance is located on 20th Street. Report to Outpatient Admissions first.

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- Wear comfortable Clothing
 - No make-up or nail polish
 - Leave valuables at home
 - Bring all of your medications.
 - Bring a list of your allergies.
 - Bring a responsible person with you to drive you home and stay with you for 8-12 hours.
 - Do not plan to make any legal or binding agreements until 12-24 hours after the procedure.
 - Do not drive or operate any dangerous machinery for 12-24 hours after the procedure.
 - Due to limited waiting room space, please allow no more than 2 people to accompany you to your procedure.
 - Due to the procedure and recovery time, please make arrangements for small children.

***If you take blood pressure, heart, seizure or restless leg medication, please take it by 6:00am the morning of your procedure.**

***Diabetic Patients: Take only a half dose of your diabetic medication the day before your procedure and NO diabetic medication the day of your procedure.**

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*Let the nurse know if you are currently taking any of the following medication:

- Iron
- Insulin
- Blood Thinners (Coumadin – Warfarin, Heparin, or Jantoven)

*Let the nurse know if you are on or have had the following:

- Dialysis
- Known Liver Disease (cirrhosis or hepatitis)
- Known Esophageal Varices
- History of peptic stricture with prior dilations
- Pulmonary Disease
- Require portable or home oxygen
- Severe asthma, bronchitis, or emphysema and take any breathing medications
- Diagnosed with OSA (Obstructive Sleep Apnea)
- Hospitalized in the last few months for respiratory difficulties
- Coronary Heart Disease, Myocardial Infarction (heart attack), or Angina Pectoris
- Coronary Stent placement in the last 3 months
- Recent Joint replacement, Heart Valve replacement, or Vascular Surgery

*Let the nurse know if you require Antibiotics before invasive procedures.

PREPARATION

On the day BEFORE your procedure you will need to be on a liquid diet. This will continue throughout the day; including breakfast, lunch, and dinner.

Liquids that are allowed

Fat Free Broth
Bullion Cube Soup
Tea, Water, Kool-Aid, Gatorade
Carbonated Drinks, Apple, White Grape Juice
Jello, Popsicles, Hard Candy

Items NOT allowed

Solid Foods
Dairy Products
Products with Pulp
Products with Red or Purple dyes

1. Take both Bisacodyl tablets with water at 12:00 noon. DO NOT chew or crush. DO NOT take the Bisacodyl within 1 hour of taking an antacid.
2. Mix the Halflytely Solution. Fill with drinking water to the top of the line on the bottle. Cap the bottle and shake until the powder is dissolved. The solution will be clear and colorless. DO NOT take any other medications within 1 hour of starting to drink the solution.
3. Begin drinking the HalfLytely Solution 6 hours after the pills (6:00pm)
Drink 1 (8 ounce) glass of the solution every 10 minutes. It is better to drink each glass quickly. This should take about 1½ hours to completely finish.
4. **Do not eat or drink anything after midnight.**

Do not drink large quantities of clear liquids after taking the Halflytely Solution